



## BRIEF INTERVENTION COURSE (BIC 317)

# Conflict Resolution



### COURSE DESCRIPTION

The *Conflict Resolution* Brief course was created with student-adult conflicts in mind. The course material explores the emotional hierarchy of needs, and how unfulfilled emotional and social needs can lead to disruptive behavior in both youth and adults. The course also focuses on the importance of developing positive relationships with caregivers, and how adults can become a coach or mentor for youth.



### LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Relationship Building Skills
- Increase Emotional Regulation Awareness and Skills
- Anger Avoidance Skills
- Deepen Understanding of Emotional Hierarchy of Needs



### RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Blended Learning**—A combination of online and offline curriculum



### COURSE INFORMATION

Author and Publisher: ACCI Lifeskills  
 Course Format: eLearning  
 Item Number: BIC 317  
 eLearning Length: 77 Slides  
 Scientific Model: Cognitive Restructuring



### STANDARDS MET

MTSS Tier 2  
 Social and Emotional Learning  
 Restorative Practices



### eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images



### PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

*Nobody has achieved greatness without a coach or mentor*