



## BRIEF INTERVENTION COURSE (BIC 312)



# Cyberbullying



## COURSE DESCRIPTION

The *Cyberbullying* Brief course defines different kinds of bullying, and will challenge students to take more responsibility for their digital interactions. Students taking this course will be more aware of their values, attitudes, and beliefs, and some common reasons for bullying. The course material highlights the negative effects of bullying for both the victim and perpetrator, as it helps students identify underlying thinking errors that lead to negative behavior.



## LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Equip students with thinking skills to avoid negative interactions through the internet
- Student will learn how to better manage their online activities
- Students will develop identification skills to better observe and respond effectively to digital bullying



## RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Blended Learning**—A combination of online and offline curriculum



## COURSE INFORMATION

Author and Publisher: ACCI Lifeskills  
 Course Format: eLearning  
 Item Number: BIC 312  
 eLearning Length: 42 Slides  
 Scientific Model: Cognitive Restructuring



## STANDARDS MET

MTSS Tier 2  
 Social and Emotional Learning  
 Restorative Practices



## eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images



## PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

*The way we treat others is a reflection of how we treat ourselves.*